

# PATIENT TELEMEDICINE CHECKLIST



## BEFORE YOUR APPOINTMENT CONSIDERATIONS



Ask office if there are any tasks to complete prior to your telemedicine appointment



Write down questions you may want to ask



Identify a comfortable space for your appointment (e.g., well-lit, quiet, distraction-free)



Have the following available

- Insurance information
- Pharmacy address
- List of current medications (if applicable)
- Pictures you want to share (if applicable)



**TIP:**  
Test your device to be sure you can connect with your physician



**TIP:**  
Consider whether you want a family member or caretaker present for the appointment

## DURING THE APPOINTMENT CONSIDERATIONS



Be prompt and connect early



Inform the physician of any recent medical appointments or hospital/ER visits



Ask questions, take notes and request educational materials for future reference

## AFTER THE APPOINTMENT CONSIDERATIONS



Document next steps



Monitor your health and advise physician of any changes



Schedule follow-up appointments, as needed

